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About The Vilna Vegetarian Cookbook. Beautifully translated for a new generation of devotees of delicious and healthy eating: a groundbreaking, mouthwatering vegetarian cookbook originally published in Yiddish in pre-World War II Vilna and miraculously rediscovered more than half a century later.

The Vilna Vegetarian Cookbook by Fania Lewando

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Written by Fania Lewando, who owned a restaurant that catered to such famous patrons as Marc Chagall, the book reflects a Jewish culture alive with the utopian spirit of socialism and Zionism. Lewando disappeared in 1941 during the Nazis invasion of Vilna. Hear from translator Eve Jochowitz about the book's fascinating backstory.

The Vilna Vegetarian Cookbook: A Talk by Translator Eve

published The Vilna Vegetarian Cookbook, a volume of over 400 recipes without an iota of meat or fish, impassioned essays on healthy eating, and the benefits of vegetarianism. Mazur and Waxman, who discovered Lewando's trove of recipes at a YIVO book group and recreated her volume in this ...

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[PDF] The Vilna Vegetarian Cookbook Garden Fresh Recipes

geles, Paris, Buenos Aires, and Moscow emphasize Vilna's centrality as a cosmopolitan center of Jewish life and the "Jerusalem of Lithuania." Ultimately, though, The Vilna Vegetarian Cookbook is a practical guide, and at its heart are 400 recipes that span all order of soups, salads, cutlets, blintzes, kugels, latkes, and kreplach.

The Vilna Vegetarian Cookbook: Garden-Fresh Recipes

A cookbook Lewando wrote in 1938 while operating a popular vegetarian restaurant in Vilna, a Lithuanian city then under Polish control, is being republished in English as "The Vilna Vegetarian ...

Rare Yiddish cookbook from '30s gets new life in English

Beautifully translated for a new generation of devotees of delicious and healthy eating: a groundbreaking, mouthwatering vegetarian cookbook originally published in Yiddish in pre-World War II Vilna and miraculously rediscovered more than half a century later.

The Vilna Vegetarian Cookbook: Garden-Fresh Recipes

This book was first published decades ago - and it's always nice to find a plant-based-diet affirming text/cookbook from so long ago - it's not like being vegetarian or vegan is a new thing, and the health benefits have been known for centuries.

The Vilna Vegetarian Cookbook: Garden-Fresh Recipes

"The Vilna Vegetarian Cookbook: Garden-Fresh Recipes Rediscovered and Adapted for Today's Kitchen" (Schocken Books, 2015), is the modern adaptation of that book, translated from the original ...

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