

the prevalence of sleep pdf

Prevalence of physician-diagnosed sleep disorders The prevalence of physician-diagnosed sleep disorders (Table 2) was the highest for sleep apnea (4.2%) and the

Prevalence and impact of sleep disorders and sleep habits

The study determined the prevalence of sleep disorders by ethnicity and sex, and related daytime functioning, working memory, and mental health among older adolescent to emerging adult college ...

(PDF) Prevalence of sleep disorders among medical students

The prevalence of healthy sleep duration was highest among respondents with a college degree or higher (71.5%). The prevalence was higher among married respondents (67.4%) compared with those who were divorced, widowed, or separated (55.7%), or never married (62.3%).

Prevalence of Healthy Sleep Duration among Adults â€” United

The Prevalence of Sleep Disorders in College Students: Impact on Academic Performance Jane F. Gaultney PhD To cite this article: Jane F. Gaultney PhD (2010) The Prevalence of Sleep Disorders in College Students: Impact on Academic Performance, Journal of American College Health, 59:2, 91-97,

The Prevalence of Sleep Disorders in College Students

The Prevalence of Sleep Problems and its Impact on Sleep Quality and Academic Performance Gwiria M.H. Satti 1,2* , Hanan F. Alsaaid 3 , Nihal M. Nabil 1,4 , Abdullah A. Saeed 1 ,

The Prevalence of Sleep Problems and its Impact on Sleep

The average prevalence of sleep apnea was 5.9% during the study period ; proportions increased from 3.7% in 2005 to 8.1% in 2014 (P for trend <.001 for adjusted model), and the highest prevalence was in 2012 (8.3%) (Figure). Figure. Prevalence of sleep apnea among US male veterans, National Survey on Drug Use and Health, 2005â€”2014.

Prevalence and Correlates of Sleep Apnea Among US Male

A lower prevalence of healthy sleep duration was observed in the southeastern United States and in states along the Appalachian Mountains. This distribution is similar to geographic variations in prevalence

Prevalence of Healthy Sleep Duration among Adults United

The consequences of sleep deprivation and sleepiness have been noted as the most important health problem in our modern society among shift workers. The objective of this study was to investigate the prevalence of sleep disorders and their possible effects on work performance in two groups of Iranian shift workers and nonshift workers. This study was designed as a cross-sectional study.

Prevalence of Sleep Disorders and Their Impacts on

that the prevalence rates of sleep apnea among commercial truck drivers are similar to sleep apnea rates found in other general populations. This is in contrast to the extremely high prevalence rates reported previously. ... prevalence of sleep apnea in any population of drivers.

A Study of Prevalence of Sleep Apnea Among Commercial

To evaluate the prevalence of sleep bruxism and associated factors among children aged 3â€”12 years as

reported by parents via a questionnaire. Methods A cross-sectional study was conducted with a sample of 148 parents/caregivers of children aged 3–12 years treated at paediatric dentistry clinics.

The prevalence of sleep bruxism and associated factors in

Among the primary sleep disorders, restless legs syndrome (RLS), 10 periodic limb movement disorders (PLMD), and sleep-related breathing disorders (snoring, dyspnea, sleep apnea) often present with an insomnia symptom. 11 This is especially true among the elderly. Among younger individuals, difficulty falling asleep is often associated with a phase delay syndrome.

Insomnia: Definition, Prevalence, Etiology, and Consequences

Prevalence of sleep disturbance in patients with low back pain ... Keywords LBP Sleep Disturbance Pain Prevalence Chronic pain Introduction Low back pain (LBP) is a common, complex and difficult to manage health condition [1]. Approximately, 20% of the ... High quality data on the prevalence of sleep

Prevalence of sleep disturbance in patients with low back pain

The prevalence of sleep bruxism in children is not precisely ... of 3,047 children aged 6 to 12 years showed a prevalence of sleep bruxism of 20.5% [20]. Thus, it is believed that sleep Sleep Bruxism in Children: Prevalence and Multidisciplinary Therapy Alice Ramos de Freitas, Marcelo Magalhães Dias, Hilmo Barreto Leite Falcão Filho, Andréa ...

Sleep Bruxism in Children: Prevalence and

Keywords: sleep paralysis, isolated sleep paralysis, anxiety, fear, parasomnia, prevalence Sleep paralysis (SP) is characterized by a discrete period of time during which voluntary muscle movement is inhibited, yet ocular and respiratory movements are intact and ones sensorium remains clear (1).

Lifetime Prevalence Rates of Sleep Paralysis: A Systematic

Age-Adjusted Prevalence of Short Sleep Duration (<7 hours) Among Adults Aged ≥18 Years, by State, United States, 2014 . Printable Version [PDF 50KB] The Behavioral Risk Factor Surveillance System (BRFSS) provides data critical for monitoring national and state population health. However, the BRFSS surveys do not have sufficient samples to ...

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